WEEKLY CLEANING SCHEDULE

Home _____ Week of _____

Kitchen								
TASK	HOW OFTEN	MON	TUE	WED	THU	FRI	SAT	SUN
Wash dishes or run the dishwasher	Daily							
Wipe counters and stovetop	Daily							
Sweep the floor	Daily							
Take out trash and recycling	Twice a week							
Clean the sink	Weekly							
Mop the floor	Weekly							
Wipe the microwave	Weekly							
Clean out the fridge	Every 2 weeks							
Clean the oven	Monthly							

Bathroom								
Wipe the sink and counter	Daily							
Clean the toilet	Weekly							
Clean the shower or tub	Weekly							
Clean the mirror	Weekly							
Mop the floor	Weekly							
Change towels	Weekly							
Empty the trash	Weekly							
Wash the bath mat	Every 2 weeks							

Living room								
Tidy up and put things away	Daily							
Dust surfaces	Weekly							
Vacuum or sweep	Weekly							
Fluff cushions and fold throws	Weekly							
Wipe light switches and door handles	Every 2 weeks							
Dust ceiling fan and vents	Monthly							

Bedroom								
Make the bed	Daily							

Bedroom (continued)								
TASK	HOW OFTEN	MON	TUE	WED	THU	FRI	SAT	SUN
Put clothes away	Daily							
Change the sheets	Weekly							
Dust surfaces	Weekly							
Vacuum or sweep	Weekly							
Wash pillows and blankets	Monthly							

Laundry								
Wash, dry and fold laundry	Twice a week							
Clean the dryer lint trap	Weekly							
Wipe the washer seal and drawer	Monthly							

Whole home								
Empty all trash cans	Weekly							
Water the plants	Weekly							
Wipe doors and handles	Every 2 weeks							
Clean windows	Monthly							
Wash baseboards	Monthly							
Test smoke alarms	Monthly							

Notes